

## Regulation of Florida A&M University



### **2.006 Counseling Services.**

- (1) Counseling services are available to enrolled students only. All referrals are by appointment only. All services are confidential except as required by law. Students may obtain services on a walk-in or appointment basis, based on staff availability.
- (2) Upon the written request of an adult student or the guardian of a minor student, if appropriate, Counseling Services will make a student's records available to the person so designated on the Release of Information Request Form, as required by law. Counseling Services has ten business days to provide the requested information.
- (3) All Counseling Services records are kept at the Office of Counseling Services in a locked cabinet and are maintained for seven years after the student has reached the age of 18. After this time period has elapsed, all records are disposed of properly to protect the confidentiality of the student.
- (4) Counseling Services are limited to short-term treatment (i.e., no more than 12 individual sessions a semester).
- (5) Students who require more intensive outpatient services will be referred to community agencies for mental health care at the student's expense.
- (6) For the purpose of requesting a withdrawal, the professional staff may submit supporting documentation for a student's petition when the professional staff has direct evidence that the student is a threat to self or others, or when the student has utilized the Office of Counseling services for four visits within a four week period, has experienced severe symptoms, and has a diagnosis listed in the current Diagnostic and Statistical Manual of Mental Disorders.

*Specific Authority 1001.74(4) FS. Law Implemented 1001.74(4)(10) FS. History—New 10-1-75, Formerly 6C3-2.06, Amended 9-14-87, Amended June 29, 2006.*